

Final Questionnaire

Congratulations on the commitment you made to expanding your voice, presence and communications. Let's see what has changed since you started.

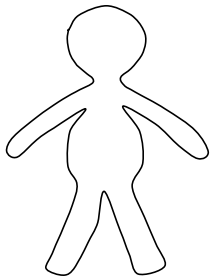
Name

Company

Phone

Email

Draw your voice below where you feel it currently is in your body?



How would you describe your voice at present?

What are some key insights or learnings that you have from your training?

What commitments can you make to yourself to implement these new learnings?

Vocal change and communications development is an ongoing process. How would you like to support your vocal and speaking development?

- Continue training
- Register for weekly group voice warm up sessions to support my practice
- Do an individual refresher session in a month
- Refresh the training in 6 months
- Integrate it on my own for a month and reconnect then

Voice COACH

Name

Company

Place a single stroke on each of the scales below for the following questions.

1. How much range, texture and colour do you have in your voice?

none plenty

2. Do you hold your breath when speaking or listening?

always never

3. How far into your body does your breath go when you are speaking in public?

shallow deep

4. What happens to your breath when you take a moment to pause or think?

I hold it free flowing

5. How much tension do you hold in your body while speaking?

alot none

6. How clearly do you articulate your thoughts?

poorly brilliantly

7. How clearly do you think in Q&A

poorly brilliantly

8. How effectively do you express how you feel when you speak?

poorly brilliantly

9. How deliberately do you choose your words?

never deliberately

10. How do you feel about communicating 'dry content'?

I loathe it easy

11. How expressive are you when you speak?

not very

Name

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YOUR FEEDBACK

We really appreciate feedback so we can continue to develop our training offerings.

★ Overall, how did you find the programme?

Poor Excellent

★ How well did it meet your objectives?

Poorly Well

★ How would you rate Voice Coach's knowledge of the subject?

Poorly Excellent

★ How would you rate Voice Coach's preparation and organisation?

Poorly Excellent

★ What other comments would you like to make?

★ If you wish, we would appreciate a short testimonial of your Voice Coach experience?
(May we quote you? yes/no)

★ Would you like to attend a refresher in, say, 6-9 months? Yes/No

★ Who would you like us to feed back to on your progress?

Name Phone

★ Who else do you know would benefit?

Name Position

Organisation Phone/Email